

Guam Catholic Pro-Life Committee's One-Hour Prayer Service to End Abortion



The gathered faithful are invited to offer intentions for the hour of prayer.

All: In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen.

Let us Pray: God our Father, pour out the gifts of the Holy Spirit on the world. You sent the spirit on Your Church to begin the teaching of the Gospel. Now let the Spirit continue to work in the world through the hearts of all who believe. Through Christ our Lord. Amen

Prayer to St. Michael

St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of

God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

Prayer to our Guardian Angel

Angel of God, my guardian dear, To whom God's love commits me here, Ever this day, be at my side, To light, to guard, to rule, and guide. Amen

Prayer to End Abortion

Lord God, I thank you today for the gift of my life, and for the lives of all my brothers and sisters. I know there is nothing that destroys more life than abortion, yet I rejoice that You have conquered death by the Resurrection of Your Son. I am ready to do my part in ending abortion. Today I commit myself never to be silent, never to be passive, never to be forgetful of the unborn. I commit myself to be active in the pro-life movement, and never to stop defending life until all my brothers and sisters are protected, and our nation once again becomes a nation with liberty and justice not just for some, but for all, through Christ our Lord. Amen!

The Holy Rosary with Pro-Life Meditations

- **Sundays:** Glorious Mysteries
- **Mondays:** Joyful Mysteries
- **Tuesdays:** Sorrowful Mysteries
- **Wednesdays:** Glorious Mysteries
- **Thursdays:** Luminous Mysteries

- **Fridays:** Sorrowful Mysteries
- **Saturdays:** Joyful Mysteries

Joyful Mysteries

The Annunciation

Mary is troubled by the angel's greeting, yet rejoices to do God's will. Let us pray that those who are troubled by their pregnancy may have the grace to trust in God's will.

The Visitation

John the Baptist leapt for joy in his mother's womb. We pray that people may realize that abortion is not about children who "might" come into the world, but is about children who are already in the world, living and growing in the womb, and are scheduled to be killed.

The Nativity

God Himself was born as a child. The greatness of a person does not depend on size, for the newborn King is very small. Let us pray for an end to prejudice against the tiny babies threatened by abortion.

The Presentation

The Child is presented in the Temple because the Child belongs to God. Children are not the property of their parents, nor of the government.

They - and we - belong to God Himself.

The Finding of Jesus in the Temple

The boy Jesus was filled with wisdom, because He is God. Let us pray that all people may see the wisdom of His teachings about the dignity of life, and may understand that this teaching is not an opinion, but the truth.

Sorrowful Mysteries

The Agony in the Garden

Let us pray for mothers and fathers who are in agony because they are tempted to abort a child. May they be given the good news that there are alternatives, and may they make use of the help that is available.

The Scourging

As Christ's flesh was torn by the instruments of those who scourged Him, so the bodies of babies in the womb are torn by the instruments of the abortionists. Let us pray that abortionists may repent of these acts of child-killing.

The Crowning With Thorns

Jesus suffered the pain of thorns in His head, and did so silently. We pray for the mothers and fathers of aborted children. So many of them suffer deep grief and regret over a choice they can never reverse. So many suffer in silence, because others tell them it's no big deal.

The Carrying of the Cross

Jesus was not condemned by the power of wicked people. He was condemned because of the silence of good people. Silence always helps the oppressor, never the victim. Let us pray that we may never be silent about abortion, but rather will clearly speak up to save babies from death.

The Crucifixion

As we ponder the death of Christ, let us remember the many women who have died from so-called "safe, legal" abortions. Let us ask forgiveness and mercy for them. May their memory save other women from making this tragic mistake.

Luminous Mysteries

Christ is Baptized in the Jordan

When Jesus is baptized, the Father's voice is heard: "This is my beloved Son." All are called to become adopted sons and daughters of God through baptism. We pray that children in the womb may be protected, so that they may be born and welcomed into the Christian community by baptism.

Christ is made known at the Wedding of Cana

Jesus revealed His glory by the miracle at Cana. The new couple was blessed not only with wine, but with faith in Christ. Let us pray for strong marriages, rooted in the Lord, and open to the gift of new life.

Christ proclaims the Kingdom and Calls All to Conversion

"Repent and believe the Good News." Let us pray that these first words of Jesus' public ministry may be heard by all who have committed abortion. May they know that the Lord calls them to conversion, and may they experience life-giving repentance.

The Transfiguration

Christ is transformed on the mountain, and the disciples see His glory. May the eyes of all people be transformed, that they may see each and every human life as a reflection of the glory of God Himself.

Jesus gives us the Eucharist

"This is My Body, given up for you." The Eucharist teaches us how to live and how to love. Let us pray that parents who sacrifice the babies for the sake of themselves may learn instead to put themselves aside for the sake of their babies.

Glorious Mysteries

The Resurrection

Christ is Risen! By his Resurrection, He has destroyed the power of death, and therefore the power of abortion. The outcome of the battle for Life has already been decided: Life is victorious! Let us pray that all proliferers will spread this victory to every segment of our society.

The Ascension

By ascending to the Father's throne, Christ takes our human nature, given to us in the womb, to the heights of heaven. He shows us that human beings are made to be raised to heaven, not thrown in the garbage. Let us pray that the world may learn this truth and reject abortion.

The Descent of the Holy Spirit

The Holy Spirit is the Advocate: He pleads our cause, for we cannot save ourselves. We pray that He will make us advocates for the babies, who cannot speak or write or vote or protest or even pray.

The Assumption

The Blessed Virgin Mary was taken body and soul into heaven because she is the Mother of God. Mother and child are united. The Assumption reminds us that they belong together. We pray that society will see that it cannot love women while killing their children, and cannot save children without helping their mothers. We pray that people will be touched by the pro-life question, "Why can't we love them both?"

The Coronation

Mary is the Queen of the Universe. The Church teaches that she is the greatest creature, second only to God Himself. The Church defends the dignity of women. We pray that people will understand that to be pro-life means to be pro-woman, and that to be pro-woman demands that we be pro-life.

Prayer to the Virgin Mary

O Mary, Mother of Jesus and Mother of us all, we turn to you today as the one who said "Yes" to Life. "You will conceive and bear a Son," the angel told you. Despite the surprise and the uncertainty about how this could be, you said yes. "Be it done unto me according to your word."

Mary, we pray today for all mothers who are afraid to be mothers. We pray for those who feel threatened and overwhelmed by their pregnancy. Intercede for them, that God may give them the grace to say yes and the courage to go on. May they have the grace to reject the false solution of abortion. May they say with you, "Be it done unto me according to your word." May they experience the help of Christian people, and know the peace that comes from doing God's will. Amen.

Litany in Response to Abortion

by Frank Pavone

Lord, have mercy. **R:** Lord, have mercy.

Christ, have mercy. **R:** Christ, have mercy.

Lord, have mercy. **R:** Lord, have mercy.

Christ, hear us. **R:** Christ, graciously hear us.

God the Father, Creator of the world, **RESPONSE:**
Have mercy on us!

God the Son, through whom all things were made,
God the Holy Spirit, Lord and Giver of Life,
Lord Jesus, the Beginning and the End,
Lord Jesus, the Way, the Truth, and the Life,

Lord Jesus, the Resurrection and the Life,
Lord Jesus, Eternal Word of Life,
Lord Jesus, living in the womb of the Virgin Mary,
Lord Jesus, Lover of the poor and weak,
Lord Jesus, Defender of the helpless,
Lord Jesus, Bread of Life,
For every sin against life,
For the sin of abortion,
For the daily killing of innocent babies,
For the bloodshed throughout our land,
For the silent screams of Your children,
For the killing of Your future disciples,
For the exploitation of women by abortion,
For the silence of Your people,
For the apathy of Your people,
For the co-operation of Your people in this tragedy,

For our pre-born brothers and sisters killed by abortion,

RESPONSE: Lord, hear our prayer.

For our pre-born brothers and sisters threatened by abortion,

For our brothers and sisters who have survived abortion,

For mothers who have had abortions,

For mothers tempted to have abortions,

For mothers pressured to have abortions,

For mothers who have refused to have abortions,

For the fathers of aborted babies,

For the families of aborted babies,

For the families of those tempted to have abortions

For abortionists,
For all who assist and cooperate in abortions,
For doctors and nurses, that they may nurture life,
For government leaders, that they may defend life,
For the clergy, that they may speak up for life,
For the pro-life movement,
For those who speak, write, and work to end abortion,
For those who help provide alternatives to abortion...
For those who promote adoption,
For national and local pro-life groups,
For unity in the pro-life movement,

For courage and perseverance in pro-life work,
For those who suffer ridicule and rejection for their
stand for life,
For those imprisoned for defending life,
For those who have been injured and mistreated for
defending life,
For legal professionals, courts and judges, and police
officers,
For educators and media professionals,

In thanksgiving for the babies saved from abortion,
In thanksgiving for the mothers saved and healed from
abortion,
In thanksgiving for the former abortion providers who
have become pro-life,
In thanksgiving for all those who take a stand against
abortion,
In thanksgiving for the call to be part of the pro-life
movement,

Lamb of God, who takes away the sins of the world,
spare us, O Lord.
Lamb of God, who takes away the sins of the world,
graciously hear us, O Lord.
Lamb of God, who takes away the sins of the world,
have mercy on us.

Let us pray: Almighty and ever-living God, You have
created all things through Your Son Jesus Christ. He
trampled the power of death by His Paschal Mystery.
May all who acknowledge You Promote the sacredness
of life And always serve You faithfully,
Through the same Christ our Lord. Amen.

Hail, holy Queen, mother of mercy, our life, our
sweetness, and our hope. To you do we cry,
poor banished children of Eve. To you do we send up
our sighs, mourning and weeping in this vale of tears.

Turn, then, most gracious Advocate, your eyes of mercy
towards us; and after this exile show us the blessed
fruit of your womb, Jesus. O clement, O loving, O sweet
Virgin Mary.

V: Pray for us, O Holy Mother of God,

R: That we may be made worthy of the promises of
Christ.

Let us pray. O God, whose only-begotten Son by his
life, death and resurrection has purchased for us the
rewards of eternal life: grant, we beseech you, that,

meditating on these Mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise. Through Christ our Lord, Amen.

Intentions

1. For our Holy Father, Pope _____. (Our Father, Hail Mary, Glory Be...)
2. For the Poor Souls in Purgatory. (Our Father, Hail Mary)
V: Eternal Rest grant unto them, O Lord.
R: And let perpetual light shine upon them.
V: May they rest in peace.
R: Amen.

All: In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

The Angelus

V: The Angel of the Lord declared unto Mary,

R: And she conceived of the Holy Spirit.

(Hail Mary)

V: Behold the handmaid of the Lord,

R: Be it done unto me according to your Word.

(Hail Mary)

V: And the Word was made Flesh,

R: And dwelt among us.

(Hail Mary)

V: Pray for us, O holy Mother of God,

R: That we may be made worthy of the promises of Christ.

Let us pray. Pour forth, we beseech you, O Lord, your grace into our hearts: that we, to whom the Incarnation of Christ your Son was made known by the message of an Angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ our Lord. Amen.

Glory Be... (3 times)

Prayer for the Unborn

Heavenly Father, the beauty and dignity of human life was the crowning of your creation. You further ennobled that life when your Son became one with us in his incarnation. Help us to realize the sacredness of human life and to respect life from the moment of conception until the last moment at death. Give us the courage to speak with truth and love and with conviction in defense of life. Help us to extend the gentle hand of mercy and forgiveness to those who do not reverence your gift of life. To all, grant pardon for the times we have failed to be grateful for your precious gift of life or to respect it in others. We ask this in Jesus' name. Amen.

Respect for Life Prayer

(St. Pope John Paul II, March 25, 1995)

O Mary bright dawn of the new world, Mother of the living, to you do we entrust the cause of life: Look down, O Mother, upon the vast numbers of babies not allowed to be born, of the poor whose lives are made difficult, of men and women who are victims of brutal violence, of the elderly and the sick killed by indifference or out of misguided mercy. Grant that all who believe in your Son may proclaim the Gospel of life with honesty and love to the people of our time. Obtain for them the grace to accept that Gospel as a gift ever new, the joy of celebrating it with gratitude throughout their lives and

the courage to bear witness to it resolutely, in order to build, together with all people of good will, the civilization of truth and love, to the praise and glory of God, the Creator and lover of life.

The Chaplet for the Unborn

Pray one Our Father and three Hail Marys after each of these intentions:

1. The recognition by all that God creates human life at the moment of conception.
2. An end to all legalized abortion.
3. For all expectant mothers - that they value the precious life within them.
4. The conviction of conscience in the Truth for anyone considering abortion.
5. For the inner healing for all who have been involved in any way with abortion: Mothers and Fathers; Health Caregivers; Legislators; Those who, in their thoughts, words, actions or lack of action, have supported abortion.

At the end, say the following prayer:

Heavenly Father, please forgive this generation for the arrogance of abortion. Heal the many wounds abortion has caused in our hearts, in the world and in our relationship with You. Unite us in the Truth. Amen.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Prayer to the Holy Spirit, Giver of Life

Frank Pavone, National Director, Priests for Life

Come Holy Spirit, Creator of all things...You who breathed over the waters at the dawn of creation and brought forth all living beings...You who filled the apostles when the Risen Lord breathed on them on the first Easter night, giving them the power to restore life to those dead in sin...You who, on the last day, will breathe again over all the dead and raise them from the grave--Come! Come and breathe on our world again, immersed as it is in the Culture of Death! Come, O Lord and Giver of Life! Defeat the works of death in our midst, that abortion may no longer stain our land.

We worship You, O Holy Spirit, and we rejoice in You. We know that no matter how strong the forces of death may be, we can still find in You the endless source of life. Renew that life in each of us, and make us worthy apostles of the Culture of Life in our day! Amen.

The Divine Mercy Chaplet

Recite using a normal set of Rosary beads.

Our Father...

Hail Mary...

The Apostles Creed

On the "Our Father" beads:

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

On the "Hail Mary" beads of each decade:

V: For the sake of His sorrowful Passion,

R: have mercy on us and on the whole world.

After the fifth decade, recite or sing 3 times:

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

Concluding Prayer

Eternal God, in Whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

St. Faustina, Pray for us. (3 times)

Sing a Song: _____

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.