

As we gather today for the Stations of the Cross, let us offer our intentions:

- 1) For an end to all legal abortion
- 2) For an end to all abortion
- 3) For an end to Euthanasia
- 4) For the Reparation of sins
- 5) For Change of Hearts for those who do not believe or understand that life begins at natural conception and ends at natural death
- 6) For those who do not believe in the Sanctity of Life at all stages
- 7) For our personal intentions

### **Prayer to the Holy Spirit, Giver of Life**

Come Holy Spirit, Creator of all things;  
You who breathed over the waters at the dawn of  
creation and brought forth all living beings;  
You who filled the apostles  
when the Risen Lord breathed on them  
on the first Easter night, giving them the power to  
restore life to those dead in sin;  
You who, on the last day, will breathe again  
over all the dead and raise them from the grave;  
Come! Come and breathe on our world again,  
immersed as it is in the Culture of Death!  
Come, O Lord and Giver of Life!  
Defeat the works of death in our midst,  
that abortion may no longer stain our land.  
We worship You, O Holy Spirit, and we rejoice in You.  
We know that no matter how strong the force of death  
may be, we can still find in You  
the endless source of life.  
Renew that life in each of us,  
and make us worthy apostles of the  
Culture of Life in our day! Amen.

### **Respect Life Prayer (St. John Paul II, Evangelium Vitae)**

Mary bright dawn of the new world, Mother of the living, to you do we  
entrust the cause of life;  
Look down, O Mother, upon the vast number of babies not allowed to be  
born. Of the poor whose lives are made difficult, of men and women who  
are victims of brutal violence, of the elderly and the sick killed by  
indifference or out of misguided mercy.  
Grant that all who believe in your Son, may proclaim the Gospel of life with  
honesty and love to the people of our time. Obtain for them the grace to  
accept that Gospel as a gift ever new, the joy of celebrating it with gratitude  
throughout their lives and the courage to bear witness to it resolutely, in  
order to build together with all people of good will, the civilization of truth  
and love, to the praise and glory of God, the creator and lover of life. Amen

## **Stations of the Cross for Repentance & Confession**

Plus pro-life intentions included

### **Prayer before the Way of the Cross**

My Lord Jesus Christ, You have made this journey to die for me with love unutterable, and I have so many times unworthily abandoned Thee; but now I love Thee with my whole heart, and because I love Thee, I repent sincerely for having ever offended Thee. Pardon me, my God, and permit me to accompany Thee on this journey. You went to die for love of me; I wish also, my beloved Redeemer, to die for love of Thee. My Jesus, I will live and die always united to Thee.

### **FIRST STATION: JESUS IS CONDEMNED TO DEATH**

**Reader:** We adore You O Christ and we praise Thee

**Response:** Because by Thy holy cross You have redeemed the world

**Reflection:** The memory of death is one of the most effective means to keep us from sin. If we took care to think often of our end, we should never sin. Let us then remember that we, too, like the Savior are condemned to death; and one day, perhaps soon, God will execute the sentence. What did we do, and what did we fail to do:

**Prayer (all):** Let us examine ourselves carefully, and if we find serious faults, let us make a firm resolution to make a good and sincere confession as soon as possible. Don't forget to include in your examination, how often did we fail to speak up for the defense of the unborn; or forget to pray for the conversion of the abortionist. We cannot just pray for the victim, we must pray for the accused also.

*Our Father, Hail Mary, Glory Be*

**Reader: Lord Jesus Crucified!    Response:** Have Mercy on us.

### **SECOND STATION: JESUS CARRIES THE CROSS**

**Reader:** We adore You O Christ and we praise You

**Response:** Because by Your holy cross You have redeemed the world

**Reflection:** Alas, how easily we commit sin! But with that ease, also, do we obtain pardon! It is sufficient for us, even after the greatest sins, to feel a true repentance, to confess to the priest with humility, and we receive forgiveness. It has cost Jesus Christ much to expiate our faults; to save us, He had to carry the cross and ascend Mount Calvary. Can an abortionist finally acknowledge the great sin he or she has done? Can a mother finally admit to killing her child? God's mercy is not for us to question. If they take up their crosses and seek God's Mercy, it is for us to say Thank You God.

**Prayer (all):** Let us thank our Lord for this generous sacrifice and let us take advantage of the easy means He gives us to return to a state of grace, and to reach heaven notwithstanding our faults. May I pray constantly for the conversion of abortionist and also for the forgiveness of their sins.

*Our Father, Hail Mary, Glory Be*

**Reader: Lord Jesus Crucified!    Response:** Have Mercy on us.

### **THIRD STATION: JESUS FALLS THE FIRST TIME**

**Reader:** We adore You O Christ and we praise You

**Response:** Because by Your holy cross You have redeemed the world

**Reflection:** When Jesus falls, the cruel executioners force Him to rise with thrusts of lances and blows of whips. Poor sinner, look attentively at this unfortunate Victim; behold this Man of Pain. Ah, Christian, what does thy Savior, thy God, desire from thee while He is in this condition? He desires little from thee, but it means so much for thy salvation. He asks of thee, O sinner, a few tears of repentance and a sincere Act of Contrition. Can you refuse it? Can you remain obstinate in thy sin, disdaining thy Savior and joining His executioners? And then, can you find it in your heart to pray for those who have committed the sin of abortion? Can you also pray for those who forced someone to have an abortion? Pray for their conversion. Pray for their sins.

**Prayer (all):** O Jesus, I throw myself at Thy feet and say: Forgive, O Lord, forgive a soul that is deeply guilty, but repentant. Have mercy on those who have fallen to the lowest depths of guilt because they do not know how to seek God's Mercy.

*Our Father, Hail Mary, Glory Be*

**Reader: Lord Jesus Crucified!    Response:** Have Mercy on us.

### **FOURTH STATION: JESUS MEETS HIS BLESSED MOTHER**

**Reader:** We adore You O Christ and we praise You

**Response:** Because by Your holy cross You have redeemed the world

**Reflection:** What a touching scene! The Mother, bathed in tears, looks on her Son. She sees her Jesus so sad and disfigured. Downcast and desolate, almost fainting she weeps over the sufferings of her Son and His approaching death. Christians, can you remain insensible to this spectacle? Does it not seem to you that Jesus and Mary, after having looked at each other, look at you and say: "O sinners, ungrateful children, you are the ones that have caused our pain." And can we deny it? Is it not on account of our sins that He suffers and dies? Then we ask ourselves, how can a mother who just

medically aborted her baby look at her dead child and realizing her mistake, ever be able to look at herself in the mirror and believe that Jesus and Mary still love her. Pray for the mother to examine her mistake and then turn to Mary and ask her to plead to her son for His mercy.

**Prayer (all):** Henceforth, our hearts will turn to Jesus, no longer to offend Him, but to console Him and to love Him above all in life and death. Dear mothers who have aborted their children, we pray for you.

*Our Father, Hail Mary, Glory Be*

**Reader: Lord Jesus Crucified!    Response:** Have Mercy on us.

### **FIFTH STATION: SIMON OF CYRENE HELPS JESUS CARRY THE CROSS**

**Reader:** We adore You O Christ and we praise You

**Response:** Because by Your holy cross You have redeemed the world

**Reflection:** When a soul is in the state of mortal sin, it suffers because it has lost peace; there is something like a cross weighing on this guilty conscience. Let us be lenient, merciful toward poor sinners. Instead of accusing them harshly, let us rather seek to convert them. Let us try to lead them back to God through our prayers, our deeds, our good words, and through all that an enlightened and persevering follower of Christ can do, who is eager to bring to Him a lost sheep. Mothers, fathers, abortionists and all involved in legislation to support the abortion industry, accept your cross, accept your sin. Only then can you turn to Jesus and help Him carry His cross and then help others through your conversion.

**Prayer (all):** In return for this charity, O merciful Lord, hear our prayer when we ourselves pray to thee for forgiveness of our sins at the tribunal of penance. Blessed are the merciful, for they shall obtain mercy.

*Our Father, Hail Mary, Glory Be*

**Reader: Lord Jesus Crucified!    Response:** Have Mercy on us.

### **SIXTH STATION: VERONICA WIPES THE FACE OF JESUS**

**Reader:** We adore You O Christ and we praise You

**Response:** Because by Your holy cross You have redeemed the world

**Reflection:** The image of God Himself is impressed on our soul. On the day of baptism, on the day of the First Communion, this divine image was beautiful and pure. At this moment this image is perhaps disfigured and blackened by sin. These children killed by abortion will never see their baptism, will never see their First Communion, will never

see their wedding day, will never see their own children. Those mothers who medically aborted their babies and looked down and saw them, will forever have imprinted in their minds, that little baby's face. The question is, can we look to those involved in an abortion and then ask Jesus to give them His peace when they convert and seek confession? Let us not stain our own heart by not wishing the peace of confession on one who has sinned.

**Prayer:** O Lord, efface these impurities and restore to our soul its first brilliance and beauty. May our soul through contrition for our sins and tears of repentance in the sacred tribunal of penance again become whiter than snow. Imprint on my heart Your face my dear Jesus.

*Our Father, Hail Mary, Glory Be*

**Reader: Lord Jesus Crucified!    Response:** Have Mercy on us.

#### **SEVENTH STATION: JESUS FALLS THE SECOND TIME**

**Reader:** We adore You O Christ and we praise You

**Response:** Because by Your holy cross You have redeemed the world

**Reflection:** We must follow the example of Jesus and arise from our falls. It is a misfortune to sin, but it is a still greater misfortune to remain in the state of sin. The Sacrament of Penance effaces our sins, not once, but always, whenever we approach it with the necessary dispositions. If you are an abortionist or someone who assist in an abortion or someone who had an abortion, or someone who supported the abortion, you have fallen from Grace and have sinned. But Jesus fell to the ground for you and has carried your sins for you. See your error and turn to Jesus and confess. Seek God's mercy.

**Prayer:** By Thy inspiration, O Lord, may we know Thy heart and the heart of the priest, and never fear to confess again and again, knowing that we will find at this tribunal of mercy a fatherly reception and forgiving kindness. May those who have not had an abortion or have not helped in an abortion, ask Jesus to seek out those who are suffering from abortion and raise them up from the dead through the Sacrament of Confession. Bring them Your Peace and Mercy dear Lord.

*Our Father, Hail Mary, Glory Be*

**Reader: Lord Jesus Crucified!    Response:** Have Mercy on us.

#### **EIGHTH STATION: JESUS COMFORTS THE WOMEN OF JERUSALEM**

**Reader:** We adore You O Christ and we praise You

**Response:** Because by Your holy cross You have redeemed the world

**Reflection:** Our Lord, noticing the group of holy women, said to them, “Weep not for Me, but weep for yourselves.” Then He adds these words, “for if in the green wood they do these things, what shall be done in the dry”—that is to say: if such is the pain of the innocent, what will be the punishment of the guilty? Anyone involved in an abortion will forever suffer the pain and the guilt. Turn to Jesus and hear His words. Seek the peace that only God can give.

**Prayer:** O justice of God, thou wilt be severe and terrible in the other world, because mercy has been more than abundant during this life! What must be the despair of a condemned one at the bottom of hell when he thinks of confession, when he sees clearly that it was so easy for him to obtain forgiveness for his faults! Let us by repentance in this world spare ourselves these bitter regrets in the other. O dear Jesus, let me never stop praying for those who need your mercy. Let me not wish even my worst enemy to suffer the pains of hell. Let me pray always for our brothers and sisters involved in abortions and in abortion work, or those involved in making abortion easier, make me never forget to pray for their conversion.

*Our Father, Hail Mary, Glory Be*

**Reader: Lord Jesus Crucified!    Response:** Have Mercy on us.

### **NINTH STATION: JESUS FALLS THE THIRD TIME**

**Reader:** We adore You O Christ and we praise You

**Response:** Because by Your holy cross You have redeemed the world

**Reflection:** Our life, alas! Is one long series of falls. Every day is marked by a new weakness. But let our continual falls not make us lose confidence. Following the example of the Savior, let us always rise again. The principal secret of salvation is never to give up the way of the confessional. There is always hope that one can turn their life around after being involved in an abortion. Never stop believing in God’s mercy. The fact that our dear Savior, God of the entire world, most powerful, fell for a third time, tells you how hard it was for Him in His state as a human being. He understands your weakness. He wishes you to rise up and seek Him out in the confessional.

**Prayer:** Whatever be the frailties of my soul, O merciful Jesus, may I continue to confess with the required dispositions, live habitually in the state of grace, that at the end of its earthly existence Thou wilt grant to me the benefit of a last absolution as a pledge of my salvation and eternal happiness. O my God, may I obtain this supreme favor!

*Our Father, Hail Mary, Glory Be*

**Reader: Lord Jesus Crucified!    Response:** Have Mercy on us.

## **TENTH STATION: JESUS IS STRIPPED OF HIS GARMENTS**

**Reader:** We adore You O Christ and we praise You

**Response:** Because by Your holy cross You have redeemed the world

**Reflection:** Jesus desired to undergo this humiliation in order to expiate the sins of the flesh. He perceived all the ravages that impurity is causing in the world. He saw that this unfortunate sin is the primary cause of the condemnation for so many souls. What an insoluble mystery of the human heart! Impurity is both an attractive and a shameful vice. This vice allures us and tempts us most of all; but it also inspires the most confusion and is most difficult to confess. How can our Savior Jesus see someone who has participated in an abortion, and then later regrets it, and yet He still loves them. As long as one turns to Him with a contrite heart and seeks His mercy and forgiveness in the confessional, He will cover you with His peace and love. Jesus never gave up on the sinner, the sinner gave up on Jesus.

**Prayer:** By the merits of this public humiliation, O Lord, grant us the grace to avoid this sin by prudence and firmness, and to make amends for it by sincerity and repentance. Please Lord, help me turn to You!

*Our Father, Hail Mary, Glory Be*

**Reader: Lord Jesus Crucified!    Response:** Have Mercy on us.

## **ELEVENTH STATION: JESUS IS NAILED TO THE CROSS**

**Reader:** We adore You O Christ and we praise You

**Response:** Because by Your holy cross You have redeemed the world

**Reflection:** Sinners, do you hear these blows of the hammer? Do you see the blood flowing? Do you behold this Victim of the torture of crucifixion? Who are the true executioners? It is the sinners who have fastened Jesus Christ to the cross. The Jews have been only the instruments of their wickedness. It is the unfortunate sinner that has pierced the Savior's hands by using his hands to commit evil; that has pierced His feet by frequenting dangerous company; that has pierced His heart by yielding to the allurements of passion. That has used the instruments of evil to rip out the limbs of the innocent babies in the womb; that has used the abortion instruments to crush the head of the babies; that has sold the parts of aborted babies for profit; that has tried to silence those who are pro-life. Sinners, take up your hammers.

**Prayer:** O my God, I am, then, a murderer of God! I may not have committed the sin itself, but I became a part of the sin by my silence. I turned my face to the sin because I was too busy to speak up and say stop. I condoned it. Dear God, I hammered the nails.

*Our Father, Hail Mary, Glory Be*

**Reader: Lord Jesus Crucified!    Response:** Have Mercy on us.

### **TWELTH STATION: JESUS DIES ON THE CROSS**

**Reader:** We adore You O Christ and we praise You

**Response:** Because by Your holy cross You have redeemed the world

**Reflection:** The crucifix should be our familiar book. If we but learn to meditate on the crucifix it would teach us the love of God, love of our neighbor, zeal for souls, willingness to forgive injuries, patience and resignation in trials, sanctification of life, and consolation in death. As we consider this Station, let us say piously with the Church:

**Prayer:** Look down upon me, good and gentle Jesus, while before Thee I humbly kneel, and with burning soul pray and beseech Thee to fix deep in my heart lively sentiments of faith, hope, and charity, true contrition for my sins, and firm purpose of amendment; while I contemplate with great love and tender pity Thy five wounds, pondering over them within me, whilst I call to mind the words which David Thy prophet said of Thee, my Jesus; "They pierced My hands and feet; they numbered all My bones."

*Our Father, Hail Mary, Glory Be*

**Reader: Lord Jesus Crucified!    Response:** Have Mercy on us.

### **THIRTEENTH STATION: JESUS IS TAKEN DOWN FROM THE CROSS**

**Reader:** We adore You O Christ and we praise You

**Response:** Because by Your holy cross You have redeemed the world

**Reflection:** O Mother of Jesus, Queen of Martyrs, what must have been the impression produced upon thy heart by the spectacle of this disfigured body of Thy Son. O Mary, thou art not only the Mother of God; thou art also the Mother of men. Every day you see other children die; and among these victims of death there are those that disappear from this world in mortal sin. There are children who disappear without ever being allowed to be born. How great is thy motherly sorrow as you see these unfortunate ones stricken by death. As you hold your Son Jesus in your arms and look at His sacrifice for sinners, then you look at those who do not wish to convert from their sinful ways, another pain strikes you.

**Prayer:** O Mary, I pray to you, save me and all the members of my family from this terrible misfortune of final impenitence. I pray for myself a sinner as well as those who are sinners, that we look at you and your Son Jesus and ask forgiveness.

*Our Father, Hail Mary, Glory Be*

**Reader: Lord Jesus Crucified!    Response: Have Mercy on us.**

#### **FOURTEENTH STATION: JESUS IS PLACED IN THE TOMB**

**Reader:** We adore You O Christ and we praise You

**Response:** Because by Your holy cross You have redeemed the world

**Reflection:** Our Lord, after His death, was laid in the grave; but on the third day He arose again, living and glorious. Many souls on earth are also prisoners of death; they are enclosed in the tomb of sin. Would that they could again rise to grace and cry with the Prodigal Son: "Father, I have sinned against heaven and before Thee; I am not now worthy to be called Thy son." Heaven would then rejoice at the return of the sinner. The heavenly Father would say to His angels: "Rejoice with Me; My son was dead and is come to life again."

**Prayer:** During Lent and Easter time, let us pray for the conversion of sinners; let us exert ourselves to amend our lives, to sanctify our souls, so as to participate one day in the glory of the Resurrection. Let us pray for an end to abortion and euthanasia. Amen.

*Our Father, Hail Mary, Glory Be*

**Reader: Lord Jesus Crucified!    Response: Have Mercy on us.**

#### **CLOSING PRAYER**

**(All)** Behold, O kind and most sweet Jesus, I cast myself upon my knees in Thy sight, and with the most fervent desire of my soul, I pray and beseech Thee that Thou would impress upon my heart lively sentiments of faith, hope and charity, with true contrition for my sins and a firm purpose of amendment; while with deep affection and grief of soul, I ponder within myself and mentally contemplate Thy five wounds, having before my eyes the words which David the prophet put on Thy lips concerning Thee: "They have pierced My hands and My feet, they have numbered all My bones."

**For the intentions of the Holy Father, Pope ~~Francis~~ <sup>Leo XIV</sup>: *Our Father, Hail Mary, Glory Be***

