2026 Life Chain - Tamuning

All: In the name of the Father, and of the Son, and of the Holy Spirit, Amen.

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.
O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen.
Let us Pray: God our Father, pour out the gifts of the Holy Spirit on the world. You sent the spirit on Your Church to begin the teaching of the Gospel. Now let the Spirit continue to work in the world through the hearts of all who believe. Through Christ our Lord. Amen

Prayer to St. Michael

St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

Holy Rosary (with Pro-Life Litany)

Sorrowful Mysteries

1) The Agony in the Garden
Let us pray for mothers and fathers who are in agony because they are tempted to abort a child. May they be given the good news that there are alternatives, and may they make use of the help that is available.
2) The Scourging
As Christ's flesh was torn by the instruments of those who scourged Him, so the bodies of babies in the womb are torn by the instruments of the abortionists. Let us pray that abortionists may repent of these acts of child-killing.
3) The Crowning With Thorns
Jesus suffered the pain of thorns in His head, and did so silently. We pray for the mothers and fathers of aborted children. So many of them suffer deep grief and regret over a choice they can never reverse. So many suffer in silence, because others tell them it's no big deal.
4) The Carrying of the Cross
Jesus was not condemned by the power of wicked people. He was condemned because of the silence of good people. Silence always helps the oppressor, never the victim. Let us pray that we may never be silent about abortion, but rather will clearly speak up to save babies from death.
5) The Crucifixion
As we ponder the death of Christ, let us remember the many women who have died from so-called "safe, legal" abortions. Let us ask forgiveness and mercy for them. May their memory save other women from making this tragic mistake.

Litany in Response to Abortion

by Frank Pavone
Lord, have mercy. **R:** Lord, have mercy.
Christ, have mercy. **R:** Christ, have mercy.
Lord, have mercy. **R:** Lord, have mercy.
Christ, hear us. **R:** Christ, graciously hear us.
God the Father, Creator of the world, RESPONSE: Have mercy on us!
God the Son, through whom all things were made,
God the Holy Spirit, Lord and Giver of Life,
Lord Jesus, the Beginning and the End,
Lord Jesus, the Way, the Truth, and the Life,
Lord Jesus, the Resurrection and the Life,
Lord Jesus, Eternal Word of Life,
Lord Jesus, living in the womb of the Virgin Mary,

Lord Jesus, Lover of the poor and weak,
Lord Jesus, Defender of the helpless,
Lord Jesus, Bread of Life,
For every sin against life,
For the sin of abortion,
For the daily killing of innocent babies,
For the bloodshed throughout our land,
For the silent screams of Your children,
For the killing of Your future disciples,
For the exploitation of women by abortion,
For the silence of Your people,
For the apathy of Your people,
For the co-operation of Your people in this tragedy,

For our pre-born brothers and sisters killed by abortion, RESPONSE: Lord, hear our prayer.
For our pre-born brothers and sisters threatened by abortion,
For our brothers and sisters who have survived abortion,
For mothers who have had abortions,
For mothers tempted to have abortions,
For mothers pressured to have abortions,
For mothers who have refused to have abortions,
For the fathers of aborted babies,
For the families of aborted babies,
For the families of those tempted to have abortions
For abortionists,
For all who assist and cooperate in abortions,
For doctors and nurses, that they may nurture life,
For government leaders, that they may defend life,
For the clergy, that they may speak up for life,
For the pro-life movement,
For those who speak, write, and work to end abortion,
For those who help provide alternatives to abortion…
For those who promote adoption,
For national and local pro-life groups,
For unity in the pro-life movement,

For courage and perseverance in pro-life work,
For those who suffer ridicule and rejection for their stand for life,
For those imprisoned for defending life,
For those who have been injured and mistreated for defending life,
For legal professionals, courts and judges, and police officers,
For educators and media professionals,

In thanksgiving for the babies saved from abortion,
In thanksgiving for the mothers saved and healed from abortion,
In thanksgiving for the former abortion providers who have become pro-life,
In thanksgiving for all those who take a stand against abortion,
In thanksgiving for the call to be part of the pro-life movement,

Lamb of God, who takes away the sins of the world, spare us, O Lord.
Lamb of God, who takes away the sins of the world, graciously hear us, O Lord.
Lamb of God, who takes away the sins of the world, have mercy on us.

Let us pray: Almighty and ever-living God, You have created all things through Your Son Jesus Christ. He trampled the power of death by His Paschal Mystery. May all who acknowledge You Promote the sacredness of life And always serve You faithfully,
Through the same Christ our Lord. Amen.

Hail, holy Queen, mother of mercy,our life, our sweetness, and our hope. To you do we cry,
poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this vale of tears.

Turn, then, most gracious Advocate, your eyes of mercy towards us; and after this exile show us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V: Pray for us, O Holy Mother of God,
R: That we may be made worthy of the promises of Christ.

Hail, holy Queen, mother of mercy,
our life, our sweetness, and our hope.
To you do we cry,
poor banished children of Eve.
To you do we send up our sighs
mourning and weeping in this vale of tears.

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your eyes of mercy towards us;
and after this exile
show us the blessed fruit of your womb, Jesus.
O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God,
That we may be made worthy of the promises of Christ.

Let us pray.
O God, whose only-begotten Son
   by his life, death and resurrection
   has purchased for us the rewards of eternal life:
grant, we beseech you,
   that, meditating on these Mysteries
   of the most Holy Rosary of the Blessed Virgin Mary,
we may both imitate what they contain
   and obtain what they promise.
Through Christ our Lord,
Amen.

Prayer to the Holy Spirit, Giver of Life

Frank Pavone, National Director, Priests for Life
Come Holy Spirit, Creator of all things...You who breathed over the waters at the dawn of creation and brought forth all living beings...You who filled the apostles when the Risen Lord breathed on them on the first Easter night, giving them the power to restore life to those dead in sin...You who, on the last day, will breathe again over all the dead and raise them from the grave--Come! Come and breathe on our world again, immersed as it is in the Culture of Death! Come, O Lord and Giver of Life! Defeat the works of death in our midst, that abortion may no longer stain our land.
We worship You, O Holy Spirit, and we rejoice in You. We know that no matter how strong the forces of death may be, we can still find in You the endless source of life. Renew that life in each of us, and make us worthy apostles of the Culture of Life in our day! Amen.

The Divine Mercy Chaplet

Recite using a normal set of Rosary beads.
Our Father…
Hail Mary…
The Apostles Creed

On the “Our Father” beads:
Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.
On the “Hail Mary” beads of each decade:
V: For the sake of His sorrowful Passion,
R: have mercy on us and on the whole world.

After the fifth decade, recite or sing 3 times:
Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

Concluding Prayer

Eternal God, in Whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

Respect for Life Prayer

(St. Pope John Paul II, March 25, 1995)

O Mary bright dawn of the new world, Mother of the living, to you do we entrust the cause of life: Look down, O Mother, upon the vast numbers of babies not allowed to be born, of the poor whose lives are made difficult, of men and women who are victims of brutal violence, of the elderly and the sick killed by indifference or out of misguided mercy. Grant that all who believe in your Son may proclaim the Gospel of life with honesty and love to the people of our time. Obtain for them the grace to accept that Gospel as a gift ever new, the joy of celebrating it with gratitude throughout their lives and the courage to bear witness to it resolutely, in order to build, together with all people of good will, the civilization of truth and love, to the praise and glory of God, the Creator and lover of life.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Closing Song

"Abe Nanan Yuus"

ABE, NANAN YUUS, sengasgas Maria,
maogte minauleg, yan grasia siha.
Abe, Abe, Abe Maria.
Abe, Abe, Abe Maria.

Senbithen yan Nana, pution i tase
para i mahalañg, Nanan minaase.

Gi lañget tumunog, ini na pution
para i taotao siha, Nanan gofliion.

Anae si Maria, kahulo gi lañget
hafata na maisa, i Upúpulan hit.